

# e-MAHIMA

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NEWSLETTER OF THE INDIAN MEDICAL ASSOCIATION MAHARASHTRA STATE BRANCH



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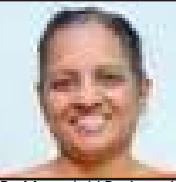
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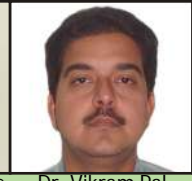
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### IMA MS HBI

# Editorial



**Dr. Ramesh Subramanian**  
Editor

Welcome to the 3<sup>rd</sup> issue of MAHIMA being released during the 3<sup>rd</sup> State Executive meeting at Thane on 9<sup>th</sup> November 2024.

Medical practitioners commonly dispense medicines in their clinics. A registered medical practitioner is exempted from obtaining any kind of licence for stocking and “dispensing” drugs to his own patients, provided he is not running an open shop. The lead article focusses on the various rules applicable to a doctor and his/her hospital for dispensing drugs.

Antimicrobial resistance (AMR) is a global problem. The misuse and overuse of antimicrobials in humans, animals and plants are the main causes of the development of drug-resistant pathogens. In India in 2019, 1,042,500 deaths were related to drug-resistant infections and AMR directly caused 297,000 deaths of those deaths. Reducing AMR involves preventing infections, which may result in minimizing the inappropriate use of antimicrobials; ensuring universal access to good quality diagnosis; appropriate treatment of infections; surveillance of AMR and antimicrobial consumption/use, and research and development for novel vaccines, diagnostics and medicines. As practitioners, let us adhere to the principles of antimicrobial therapy and pledge to take appropriate measures to prevent AMR.

Please find a report of IMA MS conferences AMSCON (Nagpur), MAHASPORTS (Nanded), local branch activities and other events.

My sincere thanks to President Dr. Dinesh Thakare, State Secretary Dr. Saurabh Sanjanwala, all office bearers and Managing Committee members and office staff for their help and support. My special thanks to Ms. Betsy Caston (IMA MS office) and Mr. Ashok Rane (Sushria Arts).

This was my 14<sup>th</sup> year on the editorial board of MAHIMA. (Editor 2014-2024 - 10 years, Co-editor 2006-2009 - 4 years), I have enjoyed and will cherish every moment of it. I would like to express my gratitude and thank my mentors Dr. Vijay Panjabi, Dr. Hozie Kapadia and my dear friend Dr. Ajoy Saha for including me in the MAHIMA editorial team and nurturing my talents. My sincere thanks to all Presidents and Secretaries and office bearers of IMA MS of yester years with whom I had a chance to work with and interact.

Pleasant reading, Au revoir and best wishes!



Release of MAHIMA at 2<sup>nd</sup> State Executive meeting



## PRESIDENT'S MESSAGE

Respected leaders, colleagues, friends & members,

I welcome you all to MASTACON 2024! I am sure that you are enjoying the warmth of hospitality of our Thane colleagues.

Myself along with Dr. Saurabh Sanjanwala as Hon. Secretary & all office bearers, have completed our tenure successfully. Time just fled away. Lot of things happened during the tenure. I am very lucky to have brotherly colleague Dr. Saurabh as Hon. Secretary who at times went out of way to assist me in working for IMA MS. We have developed a special emotional bonding in the last one year. Our office bearers helped us in taking crucial decisions with rock solid support.

We had a third OB meeting on 07.08.24 on the zoom platform and a second State Executive Committee meeting on 11.08.24 at IMA Mumbai west. We have implemented maximum decisions taken in those meetings. As per discussions and then decisions taken in meetings of our issue-based workgroups, we have strongly followed up the minutes of the meeting, with the help of IMA HBI MS Secretary Dr. Sanjay Patil, which was held with Hon. Tanaji Sawant, then Health Minister, on 20.10.2022 under the leadership of then President Dr. Suhas Pingle & Hon. Secretary Dr. Mangesh Pate. During our meeting, Hon. Secretary Dr. Saurabh Sanjanwala will elaborate on the last meeting held with Mr. Mhaiskar. We are grateful to our members who have helped us in getting the things done at secretariat & ministerial level.

Our committees and subcommittees have been working hard as per the scope as mentioned by Dr. Saurabh Sanjanwala in his message.

Recently, IMA Nagpur organised IMA MS AMSCON with the leading role of IMA MS Chairman Dr. Archana Kothari, President IMA Nagpur Dr Manjusha Giri and team IMA Nagpur, Cultural program under chairmanship of Dr. Rajesh Ingole & his team at IMA Pune and MAHASPORTS 2024 at Nanded the Presidentship of Dr. Pralhad Kotkar & team IMA Nanded.

As you all know, our IMA Pune team under the guidance of Dr. Jayant Navarange has very dedicatedly worked to get the work done at the office of Charity Commissioner Pune. We have a new challenge which again we will successfully face under his guidance and support by state office bearers residing in Pune. We have formed a Legal Matters Committee also.

We are going to discuss various important committee reports and other things during our third State Executive Committee Meeting & the Annual State Council meeting with your active participation

I am thankful to Dr. Santosh Kadam, Dr. Sunil Budhlani, Dr. Jayesh Boicha, Dr. Ram Modi, Dr. Ramesh Iyer, Dr. Vidya Kadam, Dr. Supriya Lad Chincholkar and the entire team IMA MASTACON 2024. I thank Dr. Ramesh Subramanian, the one-man army, for coming out with e-MAHIMA. I thank IMA MS office staff for their cooperation.

I thank all our senior leaders, all office bearers, colleagues and members for your faith, guidance & constructive criticism. I apologise if I have forgotten to mention some activities and/or names.

Regards,  
Dr. Dinesh B. Thakare,  
President, IMA MS



## Hon. Secretary Message 2023 -24



Hello friends,

Warm greetings from IMA Maharashtra state.

I hope all is well, and everyone is in the pink of health.

Nothing is permanent in this world and with this i would be completing my tenure as a secretary of this esteemed association. Myself along with my elder brotherly figure, my guiding force, charismatic, always supportive with dynamism in his blood beloved Dr Dinesh Thakare sir have with full contentment completed our tenure .

At the outset, I would like to thank each one of you for entrusting your faith in me and bestowing upon me the humongous responsibility of conducting duties as honorary Secretary of IMA Maharashtra State.

Change is a constant and inevitable phenomenon and propagates a healthy and new working environment. This is what we have embraced this year and the working pattern of IMA Maharashtra state has envisaged a 360- degree change. It is a great moment of honour and proud privilege to work with our dynamic president Dr. Dinesh Thakare sir, a visionary, noble, idealistic person, silent grass root worker and human being par excellence. It is a profound joy working with him. I have learnt a lot of things from him and it has changed my outlook towards life.

This year we have created sub committees and work groups for addressing important serious issues which we as healthcare providers are facing every day like BMW, fire safety compliance, violence against doctors, hospital registration renewal and insurance.

We have incorporated individuals with a sizable amount of experience and knowledge in these fields and are working towards getting a positive solution which will benefit our medical fraternity at large. Our team of office bearers is involved in all major decisions taken by us and a lot of brainstorming is done among us on all major issues

IMA Maharashtra State is committed to quality and safety in healthcare delivery. It endorses an ethical professionalism and is always proactive in the best interest of the members.

I sign off and request all to be cooperative and supportive to our new incoming team in taking our State Branch to newer heights.

I welcome all to MASTACON 2024 to enjoy the hospitality of Thaneites .

Thank you.

Dr. Saurabh S. Sanjanwala  
Honorary Secretary, IMA Maharashtra State

# CONGRATULATIONS !!!

IMA MS PRESIDENT 2024-25



Dr. Santosh Kadam, IMA Thane



IMA MS PRESIDENT ELECT 2024-25



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5. Dr Vasant Lunge. Hon, Jt. Secretary, 2024-25
6. Dr Ujwala Dahiphale .. Hon. Jt. Secretary, IMA CGP, 2024-25
7. Dr. Sanjay Patil, Hon. Secretary, IMA HBI, 2024-26
8. Dr Anil Patil, Hon. Treasurer , IMA HBI, 2024-26

# DISPENSING OF SCHEDULE K DRUGS BY REGISTERED MEDICAL PRACTITIONER

Dr. SHIVKUMAR. S. UTTURE, M.S. F.I.C.S.(U.S.A),  
IMA NATIONAL VICE PRESIDENT



*Chapter IV of the Act pertains to manufacture, sale and distribution of drugs. Schedule K to the Drugs and Cosmetics Rules, 1945 lists the classes of drugs and the extent and conditions of exemption granted to these drugs from the provisions of Chapter IV of the Drugs and Cosmetics Act, 1940. These include drugs not meant for medicinal use, quinine and other antimalarial drugs, drugs supplied by government hospitals, registered medical practitioners, contraceptive drugs, and their corresponding regulation.*

Storage and dispensing drugs by doctors

The Drugs and Cosmetics Act, 1940 and the Rules, 1945 is there to make sure that good medicines reach doctors and their patients.

1. Rule 123 of the Drug and Cosmetic Rules, 1945 and Schedule K clearly says that RMPs can use all the drugs available in the market and that they are exempted from all the Sections in Chapter IV of the Drugs Act, 1940 (Item 5 in Schedule K).

“Registered medical practitioner” (RMP) means a person

1. Holding a qualification granted by an authority specified or notified under section 3 of the Indian Medical Degrees Act, 1916 (7 of 1916), or specified in the Schedules to the Indian Medical Council Act, 1956 (102 of 1956); or
2. Registered or eligible for registration in a medical register of a State meant for the registration of persons practising the modern scientific system of medicine excluding the Homoeopathic system of medicine.

Rules applicable to a doctor and his/her hospital for dispensing drugs

Drugs can be supplied by a registered medical practitioner to his own patient or any drug specified in Schedule K supplied by a registered medical practitioner at the request of another such practitioner, if it is specially prepared with reference to the condition and for the use of an individual patient, provided the registered medical practitioner is not

- a) Keeping an open shop or
- b) Selling across the counter or
- c) Engaged in the importation, manufacture, distribution or sale of drugs in India to a degree which render him liable to the provisions of Chapter IV of the Act and the rules hereunder.

As per Item 5 under *Drugs and Cosmetics Act* a RMP is allowed to dispense drugs to his patients or to that of his professional colleague. Also Rule 65(5)(1)(b) clearly says that drug sellers must supply drugs to government hospitals, or any hospital, medical institutions and RMPs and while doing so he shall maintain a register of name of drugs, quantity and batch name and name of RMP. It clearly means that a drug licensing/ details of a registry for outgoing medications not required for all those mentioned above and hospitals and RMPs are included. The D&C Act under extent and conditions of exemption states RMPs are exempted from all the provisions of Chapter IV of the Act and the Rules made hereunder, subject to the following conditions: The drugs shall be purchased only from a dealer or a manufacturer licensed under these rules and records of such purchases showing the names and quantities of such drugs together with their batch numbers and the names and addresses of the manufacturers shall be maintained. Such records shall be open to inspection by an Inspector appointed under the Act, who may, if necessary, make enquiries about purchases of the drugs and may take samples for test.

*Pharmacy Act 1948* states: (42) Dispensing by unregistered persons on or after such date as the State Government may by notification in the Official Gazette appoint in this behalf, no person other than a registered pharmacist shall compound, prepare, mix, or dispense any medicine on the prescription of a medical practitioner; provided that this sub-section shall not apply to dispensing by a medical practitioner of medicine for his own patients, or with the general or special sanction of the State Government, for the patients of another medical practitioner.

Even the *MCI code of Ethics Regulations 2002* states (6.3) Running an open shop (Dispensing of Drugs and Appliances by Physicians): - A physician should not run an open shop for sale of medicine for dispensing prescriptions prescribed by doctors other than himself or for sale of medical or surgical appliances. It is not unethical for a physician to prescribe or supply drugs, remedies or appliances as long as there is no exploitation of the patient. Drugs prescribed by a physician or brought from the market for a patient should explicitly state the proprietary formulae as well as generic name of the drug.

Therefore, taking an overall view of the D&C Act 1940, the Pharmacy Act 1948 and the MCI Code of Ethics 2002 it is amply clear that RMPs are allowed to purchase, store and dispense drugs to their patients as long as they do not contravene any provisions in the said Acts..

Points to be noted while stocking and dispensing Schedule K drugs

IMA members should meticulously follow the following points while stocking schedule K drugs.

1. As per the Drugs and Cosmetics act 1940 a registered medical practitioner is allowed to dispense medicines to his patients and does not require any drug license.
2. Drugs shall be purchased only from a dealer or a manufacturer licensed under the D&C rules and records of such purchases showing the names and quantities of such drugs together with the batch nosumbers and the names and addresses of the manufacturer should be maintained. (All these details are documented in the purchase bill we receive from our suppliers). Hence we require to maintain only inward drug registry. Such records shall be open to inspection by an inspector appointed under the act.
3. Doctors should not keep an open shop/sell across the counter/engage in importation, distribution, manufacture or sale of drugs without having a valid FDA license.
4. Drugs should be sold by the RMPs to their patients at MRP or lesser prise than that printed on the drug strip/bottle.



World Organ Donation Day, observed annually on August 13 serves as a platform to raise awareness about the critical need for organ donation and to inspire individuals to consider becoming organ donors. It is dedicated to saving lives, fostering understanding, and creating a world where the gift of life through organ donation is universally embraced.

World Organ Donation Day is aims to spread awareness regarding the importance of organ donation on a global scale, address the organ shortage, encourage conversations about organ donation within families, communities, and among healthcare professionals, celebrate donor heroes. motivate action and encourage people to register as organ donors, express their intentions to family members, and take steps towards organ donation and support transplant recipients.

On August 3<sup>rd</sup> (Indian organ donors' day), The Government of India launched a major campaign, "Angdaan Jan Jagrukta Abhiyaan" (Mass awareness campaign on organ donation), to promote organ donation and bridge the gap between those needing transplants and available donors. Aims of "Angdaan Jan Jagrukta Abhiyaan" include 1.Reducing the need for transplants through preventative measures.2. Educating the public about brain stem death and its relation to organ donation. 3. Encouraging deceased organ donation as a way to save lives. 4. Fighting unethical organ transplantation. 5. Addressing common misconceptions about organ donation. 6. Encouraging hospitals to identify and report brain stem death cases.

1. [wtgf.org/event/world-organ-donation-day-2024/](http://wtgf.org/event/world-organ-donation-day-2024/)

2. [legalitysimplified.com/indian-organ-donation-day-to-be-celebrated-on-august-3-2024](http://legalitysimplified.com/indian-organ-donation-day-to-be-celebrated-on-august-3-2024)



# BENGALURU DECLARATION

BRIDGING THE GAPS -ENHANCING COLLABORATION BETWEEN DOCTORS AND PATIENTS IN INDIA  
TO ENSURE UNSHAKEABLE TRUST IN THE DOCTOR-PATIENT RELATIONSHIP

JOINTLY BY

INDIAN MEDICAL ASSOCIATION & PATIENT SAFETY & ACCESS INITIATIVE INDIA FOUNDATION



The President of Indian Medical Association (IMA) and the Founder of Patient Safety & Access Initiative India Foundation (PSAIF) hereby make the following declaration at Bengaluru on Sunday, the 30th June 2024:

1. A core group shall be formed with nominees from IMA and PSAIF to build an institutionalized mechanism to ensure implementation of the recommendations emerging from the declaration
2. This collaboration shall
  - I. Develop an actionable vision document for Universal Health Care (UHC) for India in ensuing 12 months.
  - II. Work towards increasing the allocation for health in the upcoming Union budget to 2.5% of the GDP, steadily increasing to at least 5% of the GDP by 2030, with allocation for health and social determinants of health being separated.
  - III. Set up a 'Patient information platform' to empower the patients to make an informed choice.
  - IV. Ensure zero tolerance to violence inflicted on doctors and clinical establishments by developing suitable mechanisms.
  - V. Encourage elimination of cumbersome, long-drawn processes which affects the efficiency of medical professionals and clinical establishments leading to detrimental impact on healthcare quality and costs.
  - VI. Conduct credible research/surveys on healthcare delivery system
  - VII. Institute 'ethical branding for clinical establishments.
  - VIII. Work towards making health insurance in the country affordable, transparent, patient friendly and sustainable for all stakeholders
  - IX. Ensure that the services rendered by service providers on behalf of the government shall be paid as per specified timelines.
  - X. Conduct joint awareness programs on the roles and responsibilities of various stakeholders within the healthcare delivery system.
  - XI. Strongly oppose and put on notice any attempt to dilute patient data protection.
  - XII. Ensure patient confidentiality is implemented with an Indian cultural context so as to optimize patient clinical outcomes and strengthening the doctor patient relationship

The signatories resolve that the widest possible publicity should be given to this declaration and that a copy of this Bengaluru "Bridging the Doctor-Patient Gap" Declaration shall be sent to the Government of India and all State Governments as also to all branches of the Indian Medical Association and all Consumer Organizations in the country.

Sd./ IMA National President  
Sd./ Chairman, PSAIF

Sd./ IMA State President, Karnataka  
Sd./ Founder, PSAIF

# SAFETY DURING NIGHT DUTY: SURVEY OF 3885 DOCTORS ACROSS INDIA

Rajeev Jayadevana , Deepa Augustineb , Anithadevi TSc , Reshmi Ramachandrand , Joseph Benavene, Kerala  
IMA's Kerala Medical Journal October 2024 issue

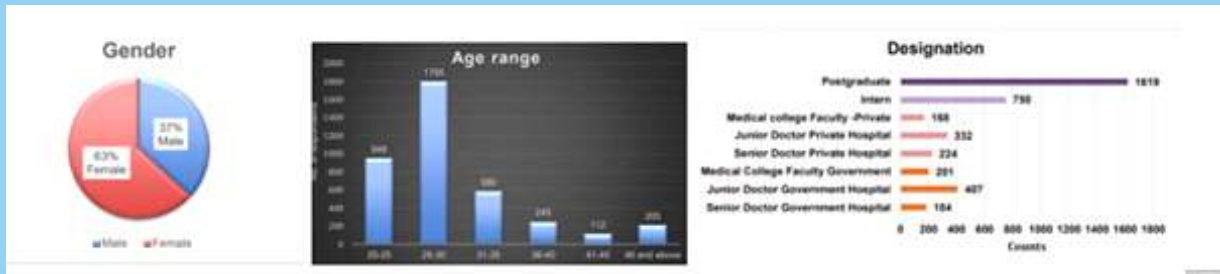
Background: Reports of violence against doctors at the workplace are on the rise. In August 2024, a young female doctor was raped and murdered during night duty at her workplace in Kolkata, India. This incident prompted nationwide protests and a service shutdown by doctors' organizations advocating for improved workplace safety.

Aim: This survey was undertaken by the Indian Medical Association to evaluate safety concerns during night shifts among doctors. With 3,885 individual responses, it is the largest study from India on this topic.

Methods: An online survey was sent to doctors across India through a Google form. There were 3885 responses within 24 hours. In addition to seeking suggestions to improve safety, three separate parameters were assessed:

1. 0-10 numeric rating scale of perception of safety
2. Availability of duty room
3. Access to bathroom while on night duty

Results

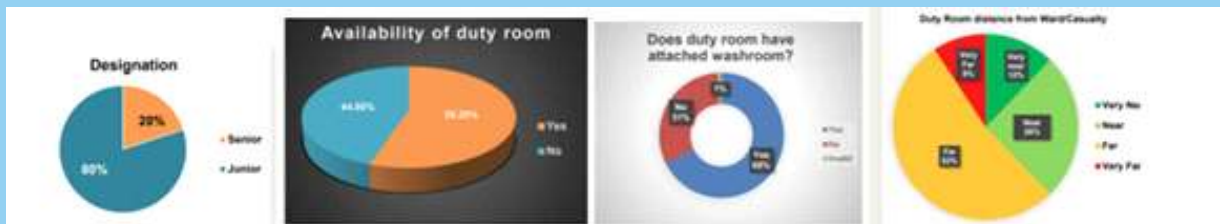


There were participants from all over India

Gender: The majority of the 3,885 respondents, were women, (63%) reflecting current gender distribution trends among MBBS students in certain states such as Kerala

Age range: 85% of the respondents were at or below age 35. Two-thirds were aged 30 or below. The majority (46.2%) fall within the 26-30 year age range, with 24.4% in the 20-25 year group. Smaller proportions are seen in older age categories, with just 5.3% aged 46 years and above.

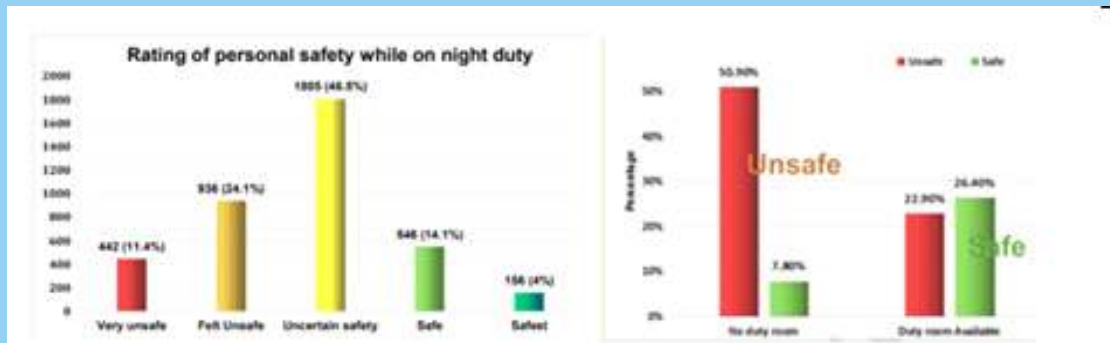
The designation distribution among study participants shows that the largest group consists of postgraduates (41.7%), followed by interns (19.3%), with a combined representation of 61%



The assessment of duty room availability among the participants shows that 55.2% have access to a duty room, while 44.8% do not.

Among the 2,145 participants with access to a duty room, 67.6% reported having a duty room with an attached washroom/restroom, while 31.4% did not.

Among the participants with access to a duty room, 52.9% reported that their duty room was located far away from the ward or casualty area (100-1000 meters). A majority of doctors must walk a significant distance from their duty rooms to reach the ward or casualty area, which can pose a safety risk at night if the path is not well-lit and secure.



Duty room and sense of safety

Safety during night duty: The subjective assessment of safety during duty hours shows that a significant portion, 24.1%, felt unsafe, and 11.4% considered their situation very unsafe, with a total of 35.5% feeling unsafe to various degrees. On the other hand, 14.1% felt safe and 4% felt it was the safest. 46.5% of respondents reported "Uncertain Safety", reflecting mixed feelings or uncertainty about their safety

When duty room was not available, more doctors felt unsafe and fewer doctors felt safe

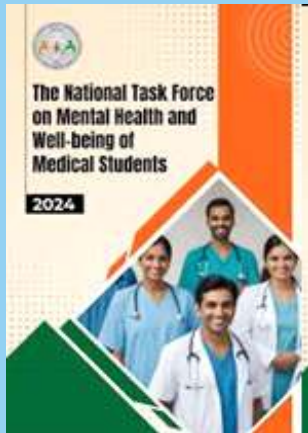
Safety perceptions during duty hours by work sector: Government healthcare workers reported higher levels of insecurity, with 17.05% feeling "Very Unsafe" and 27.4% feeling "Unsafe", totalling 44.5%. In contrast, only 5.52% and 12.02% of private healthcare workers reported feeling "Very Unsafe" and "Unsafe," respectively, totalling 17.5%. Similarly, a larger percentage of private healthcare workers felt "Safe" (28.04%) compared to those in government institutions (8.71%). Additionally, 10.22% of private healthcare workers felt the "Safest," whereas only 1.89% of government workers shared this level of confidence in their safety. Adding up, 38.3% felt safe in the private sector, while only 10.6% shared the same sense of safety in the government sector

Suggestions for better workplace safety from individual doctors

1. Duty room with bathroom, close to work location
2. Adequate number of professional security personnel
3. CCTV camera 24/7 to monitor key areas
4. CPA Central Protection Act, and its enforcement
5. Secure locks/bolts on all duty room doors
6. Restrict the number of bystanders/attendants with each patient
7. Adequate lighting to be ensured
8. Panic button/alarm system/code grey in case of emergency
9. Food and water to be made available nearby during night duty
10. Do not allow drunk bystanders in casualty

Conclusions: Doctors across the country, particularly women, report feeling unsafe during night shifts. There is substantial scope for improving security personnel and equipment in healthcare settings. Modifications to infrastructure are essential to ensure safe, clean, and accessible duty rooms, bathrooms, food, and drinking water. Adequate staffing, effective triaging, and crowd control in patient care areas are also necessary to ensure that doctors can provide the required attention to each patient without feeling threatened by their work environment.

# MENTAL HEALTH & WELL BEING OF MEDICAL STUDENTS



Medical students around the world are subjected to intense training schedules, high academic expectations, inadequate sleep, and constant exposure to morbid environment. Common problems in this group include depression, anxiety, burnout, and substance abuse, among others. Despite belonging to the medical fraternity, students find it difficult to approach or access professional help for various reasons.

The National Task Force on mental health and wellbeing of medical students under National Medical commission (NMC), was set up in view of cases of suicide among medical students. Data from the National Medical Commission shows that there were 122 suicides by medical students in the last five years. According to an online survey of 25,590 undergraduate students, 5,337 postgraduate students, and 7,035 faculty members, the committee found prevalence of a high number of mental health issues. Among UG students, 27.8% said they have been diagnosed with some mental condition and 16.2% had suicidal ideation. Among PG students, 31.23% reported having suicidal thoughts in their life, 10.5% thought of suicide in the last one year, and 4.4% attempted suicide in the last year.

The report emphasizes that Medical colleges, as centers of learning and healthcare, have a crucial role to play in addressing mental health.

The report broadly gave 44 recommendations, including measures such as providing 24x7 support through the government's counselling helpline tele-MANAS, providing proper amenities in college and hostel, and involving family in induction programmes to help them understand the pressures faced by medical students.

One of the measures suggested by the committee is regulating the duty hours. The committee recommended that residents work no more than 74 hours a week, which should ideally include one day off, a 24-hour duty, and five 10-hour shifts. "The report recommends Ensuring 7 to 8 hours of daily sleep for medical students which is crucial for their mental and physical health.

The committee also said that medical colleges should consider giving one 10-day vacation to all under-graduate and postgraduate students. The committee suggested that medical colleges across the country adopt the pay scale of AIIMS-New Delhi to get rid of the variation in compensation that ranges between Rs 15,000 to Rs 1 lakh

The report also supports abolition of the bond policy where students have to pay the state exchequer if they leave their course midway or do not provide services in rural areas or other specified services.

## Key recommendations

To effectively tackle the mental health crisis, a multi-faceted approach is essential. This includes:

- Establish centralized reporting systems: Develop a robust, centralized system for reporting and monitoring suicides.
- Implement regular training programs: Conduct regular training sessions for faculty to identify and support students at risk. Emphasize the importance of early detection and intervention for mental health issues.
- Enhance mental health services: Expand mental health services, including 24/7 counselling support and easily accessible de-addiction clinics within medical colleges. Utilize telemedicine services like Tele-MANAS to provide widespread mental health support.
- Promote a supportive environment: Create an inclusive, respectful, and safe environment in medical colleges by



implementing strict anti-ragging measures, providing proper infrastructure, and offering flexible academic schedules for students in distress.

- **Family Involvement:** Actively involve families in the support system of medical students, particularly during induction and crisis situations, to provide a strong emotional support network.
- **Regulate work hours and fair compensation:** Ensure fair distribution of duty hours and provide adequate compensation through uniform stipend policies based on AIIMS, New Delhi pay scale. This will help reduce stress and financial burden on medical students. Hire an adequate number of Senior Residents to meet the demands of clinical work.
- **Policy adjustments regarding bonds:** Abolishing seat leaving fees/bonds and a compulsory rural service bond is imperative. The government should offer positive incentives that can reduce financial pressure and encourage public health services.
- **Leverage technology:** Integrate advanced technologies like Virtual Reality (VR), Augmented Reality (AR), and Artificial Intelligence (AI) into medical education to enhance learning experiences and prepare students for future healthcare challenges.
- **Foster innovation and career development:** Establish centers like ICARED to promote innovation and entrepreneurship among medical students. Enhance career counselling and campus recruitment efforts to broaden students' career horizons.
- **Address systemic issues:** Increase postgraduate medical seats, employ adequate senior residents, and implement policies to address the 'ghost faculty' problem such as uniform pay scale, uniform retirement policy based on AIIMS, New Delhi, Rotational Headship and New Pension Scheme. Inviting honorary faculty from various fields enriches the educational experience at the medical college. This will improve the overall quality of education and healthcare services.
- **Continuous evaluation and improvement:** Regularly assess the implementation and effectiveness of these recommendations through feedback from students, faculty, and stakeholders. At the national level The Permanent member of the NMC's EMRB will serve as the nodal person, and at the medical college level the Dean will be designated as the nodal officer, and HOD of Psychiatry as a member secretary for implementing these recommendations at each medical college. Continuously refine strategies to meet emerging needs and best practices.

1. [journals.lww.com/ijsp/fulltext/2021/37020/mental\\_disorders\\_in\\_medical\\_students.7.asp](https://journals.lww.com/ijsp/fulltext/2021/37020/mental_disorders_in_medical_students.7.asp)

2. [indianexpress.com/article/india/nmcs/9516743](https://indianexpress.com/article/india/nmcs/9516743)

3. [legalitysimplified.com/report-of-the-national-task-force-on-mental-health-and-well-being-of-mental-health](https://legalitysimplified.com/report-of-the-national-task-force-on-mental-health-and-well-being-of-mental-health)

4. Full report available at NMC website

[Nmc.org.in/MCIRest/open/getDocument?path=/Documents/Public/Portal/LatestNews/document%20-%202024-08-14T161526.311.pdf](https://nmc.org.in/MCIRest/open/getDocument?path=/Documents/Public/Portal/LatestNews/document%20-%202024-08-14T161526.311.pdf)

## IMA MS OFFICE STAFF



From left :Mr. Prasad Jadhav, Mr. Akshay Rangle, Ms. Ashwini Rane, Dr. Saurabh Sanjanwala (IMA MS Secretary),  
Dr. Dinesh Thakare (IMA MS President) , Ms. Betsy Caston, Mr. Vinayak Nikam, Mr. Mahesh Kajare

## COMBATING ANTIMICROBIAL RESISTANCE

- Antimicrobial Resistance (AMR) occurs when bacteria, viruses, fungi and parasites change over time, and no longer respond to medicines.
- AMR makes infections harder to treat and increases the risk of disease spread, severe illness and death.
- Misuse and overuse of antimicrobials are the main drivers in the development of drug-resistant pathogens.
- The cost of AMR to the economy is significant. In addition to death and disability, prolonged illness results in longer hospital stays, the need for more expensive medicines and financial challenges for those impacted..
- Without effective antimicrobials, the success of modern medicine in treating infections, including during major surgery and cancer chemotherapy, would be at increased risk.
- WHO has declared AMR as one of the top 10 global public health threats facing humanity
- A sustained Global/National One Health Response is essential to tackle antimicrobial resistance and achieve the Sustainable Development Goals

### IMA NAMP-AMR



Indian Medical Association (IMA) has formed the National Alliance Medical of Professionals on Antimicrobial Resistance (NAMP-AMR). This initiative brings together leaders and representatives of 52 medical specialty organisations/associations from across the nation, uniting on a common platform to strategize against AMR.

The National Alliance of Medical Professionals on AMR represents a unified commitment to address one of the most pressing health emergencies of our time. Through collaborative efforts, strategic planning, and governmental support, the IMA's NAMP-AMR initiative aims to lead the way in Global efforts to mitigate the impact of AMR. It is an important national effort to tackle the silent pandemic AMR that poses a significant threat to the health of our nation.

#### **IMA AMR PLEDGE**

*I realize that antimicrobial resistance (AMR) is a public health priority at the global and national level, and for medical professionals.*

*As a dedicated practitioner of modern medicine, I commit, to uphold the sanctity of my profession by prescribing antimicrobials judiciously- with integrity and care- and with each prescription:*

- *I commit to assess thoroughly, ensuring antimicrobials are used - only when truly necessary.*
  - *1. commit to balance the benefits and risks, considering patient health - as well as public safety.*
  - *I commit to choose antimicrobials wisely, guided by evidence, stewardship principles, and the specific needs of my patients.*
  - *I commit to defend against antimicrobial resistance, preserving the power of antibiotics, for future. generations.*
- Together, let our actions contribute - to the health and happiness of all, free from the shadow of AMR.*

1. [spectrumindia.com/news/90/24890/ispectrumindia.com/news/90/24890](https://spectrumindia.com/news/90/24890/ispectrumindia.com/news/90/24890)
2. [ima-india.org/ima/pdfdata/Press-release-dated-09-07-2024-regarding-AMR](https://ima-india.org/ima/pdfdata/Press-release-dated-09-07-2024-regarding-AMR).
3. [ima-india.org](https://ima-india.org)



## NATIONAL MEDICAL REGISTER PORTAL OF NMC NOW FUNCTIONAL !



Union Minister for Health & Family Welfare inaugurated the National Medical Register (NMR) Portal of the National Medical Commission (NMC) on August 23, 2024. This portal aims to register all MBBS doctors eligible for practicing medicine in India.

NMR will be a comprehensive dynamic database for all allopathic (MBBS) registered doctors in India. NMR is linked with the Aadhaar ID of the doctors which ensures the individual's authenticity. The whole process of registration in NMR is a very simple online process and all the medical colleges/institutions (including the Institutes of National Importance (INIs) etc.) SMCs are interlinked on the portal.

Through this portal, all stakeholders, including SMCs and educational institutions can log in and verify applications from a single platform. The NMR portal offers a variety of features, including the ability to add additional qualifications, track applications, suspend licenses, and issue NMR ID cards and digital doctor certificates. The NHA will further provide support for the development of the NMR, including the future release of an enhanced version of the portal. This will include direct integration with the next software, continuing medical education, and credit points.

All the MBBS doctors who are already registered on the Indian Medical Register (IMR) have to register again on the NMR of the NMC. To start the registration, the doctor needs to keep ready a digital copy of the Degree (MBBS) Certificate, the Registration Certificate of the State Medical Council/Medical Council of India, where the doctor got first-time registration. The doctor must also have the Aadhaar number ready to start the process.

The link for the registration in NMR is <https://nmr-nmc.abdm.gov.in/nmr/v3/>

## WORLD HEART DAY 20/9/2024

“USE HEART FOR ACTION”

The theme emphasizes the urgency of raising awareness on heart health and accelerating actions to prevent, detect early, and manage cardiovascular diseases



IMA Mumbai



IMA Mumbai West

# IMA MAHARASHTRA STATE 2<sup>ND</sup> STATE EXECUTIVE MEETING HOSTED BY IMA MUMBAI WEST, 11<sup>TH</sup> AUGUST 2024





## THE KOLKATA AFTERMATH: IMA PROTEST DAY 17/8/2024

A young post graduate of chest medicine was brutally raped and killed on duty in R G Kar Medical College, Kolkata in the early hours of 9th August 2024. This shocked the medical fraternity and the nation alike.

Indian Medical Association declared a nationwide withdrawal of services by doctors of modern medicine for a day on Saturday 17<sup>th</sup> August 2024 to protest the same. IMA demanded declaration of hospitals across the country as safe zones, a central law against violence and NMC to bring in security stipulations for recognition of medical colleges.



IMA Akola



Akluj



IMA Ahmednagar



IMA Alibab



IMA Amravati



IMA Arvi



IMA Baramati



IMA Bhandara



Buldhana



IMA Bhiwandi



IMA Chiplun



IMA Chandrapur



IMA Chopda



Daund



IMA Dhule



Dhamangaon



IMA Dombivli



IMA Jalgaon



IMA Jalna



IMA Jamner



IMA Jaysingpur



IMA Indapur



Kalam



IMA Karad



IMA Khamgaon



IMA Koregaon



Kurudwadi



IMA Malegaon



IMA Mehkar



IMA Mira Bhayandar



IMA Miraj



IMA Nagpur





IMA Nashik



IMA Nashik Road



IMA Parbhani



IMA PCB



IMA Peth Vadgaon



Pune



IMA Roha



IMA Saoner



IMA Sambhajinagar



IMA Sangamner



IMA Shegaon



IMA Sinnar



IMA Solapur



IMA Thane



IMA Udgir



Ulhasnagar



IMA Umerkhed



IMA Virar, Vasai, Nalasopara



IMA Warud



IMA Yavatmal

### IMA, IMA JDN PROTEST 16/8/2024

On 16/8/2024, IMA, IMA JDN, ASMI organized protest marches all over the country to protest the brutal rape and killing of the young post graduate of chest medicine in R G Kar Medical College, Kolkata on 9/8/2024



Amravati



Nagpur



BJGMC, Pune



Jalgaon



BMA MARD, IMA, IA JDN, ASMI protest, Azad Maidan, Mumbai



## Meetings

### HEALTH MINISTER - IMA HQ TEAM MEET



Meeting of IMA Hq team with health minister 13/8/2024 regarding death of resident at R G Kar medical college hospital, Kolkata

### MEETING WITH UNION MoS HEALTH



Meeting of IMA MS team of Dr. Dinesh Thakare, Dr Saurabh Sanjanwala and Dr. Santosh Kadam with Union MOS health Shri Prataprao Jadhav on 20/8/2024 at Mehkar

### MEETING WITH DR PALLAVI SAPLE



### MEETING WITH MAHARASHTRA GOVERNOR



NVP Dr. Shivkumar Utture had discussions with Dean GMC Mumbai & J. J. Hospital and Member of National Task Force Dr Pallavi Saple on 5/9/2024. He gave inputs on strengthening medical institutions & their security systems, revamping working conditions of healthcare professionals and strengthening legal frame work accross all States. He handed over a set of detailed documents prepared by IMA HQ in this regard.

Team IMA Jalgaon met Maharashtra governor Mr CP Radhakrishnan and submitted a memorandum on 9/9/24





IMA Amravati



IMA Jalgaon



SDH Kallam



IMA Koregaon



IMA Mumbai



IMA Solapur

## GANESHOTSAV



IMA Jalgaon



IMA JDN MSN & MARD TNMC & BYL Nair hospital



Chh Sambhajinagar



Ganesh Visarjan, IMA Akola



CPR awareness at booth during Ganesh Visarjan by Dr Rajan Sancheti and Dr Rajkumar Shah, IMA Pune



**IMA MAHARASHTRA STATE  
ELECTION 2024-25**  
FOR THE POST OF  
*President Elect*



Contestants



IMA Mumbai West



IMA Chh. Sambhajinagar



IMA Pune



IMA Ahmednagar



IMA Kurundwad



IMA Miraj



IMA Pimpri Chinchwad Bhosari



IMA Nashik Road



IMA Amravati



IMA Daund



IMA Indapur



# IMA AMS WEST ZONE CONFERENCE IMA AMS MS AMSCON 2024 & NIMACON 2024

ORGANIZED BY IMA NAGPUR BRANCH

20<sup>th</sup> (Pre Conference Workshop),  
21<sup>st</sup> & 22<sup>nd</sup> September 2024

Venue : J R SHAW Auditorium, North Ambazari Road  
IMA House, Nagpur-440 010



The 3-day IMA MS AMSCON 2024 hosted by IMA Nagpur had an enthusiastic response with more than 700 registrations.

There were talks with good scientific content by an eminent faculty. Dr. Jayesh Lele delivered the Dr. Kishore Taori oration. Dr. Raj Gajbhiye received the Dr. Wankar lifetime achievement award.

Congratulations to IMA AMS MS office bearers Drs. Archana Kothari, Ujwala Dahiphale and Sanjay Shinde, Organising Chairman Dr. Sameer S Jahagirdar, Organizing Secretary Dr. Sushama Thakare, Organizing Co Chairmen Dr. Anjali Bhandarkar & Dr. Aaditya Parihar, Dr. Manjusha Giri, President; Dr. Prajakta Kaduskar, Hon. Secretary and entire team IMA Nagpur for a well-organized conference.



IMA MAHARASHTRA STATE & IMA PUNE  
KALADARPAN MAHOTSAV 2024, "IMA ARTISTS," IM ARTIST  
PUNE, 13/10/2024





## BRANCH CONFERENCES



**Indian Medical Association**  
**Zonal Conference**  
Dahanu, Wada, Boisar, Nallasopara, Virar, Vasai  
IMA BRANCHES

**MEDICOLEGAL CONFERENCE**  
( Better Safe Than Sorry )  
**DATE - 29/9/2024**  
**VENUE- TIMA HALL BOISAR**



IMA Branches of Palghar district (Dahanu, Wada, Boisar, Nallasopara, Virar and Vasai) organized a medicolegal conference at IMA hall, Boisar on 29<sup>th</sup> September 2024 attended by 121 delegates. The highlight was talks by an eminent faculty comprising Dr. Ravi Wankhedkar, Dr. Alka Kuthe, Dr. Nikhil Datar and Dr. Rajiv Agarwal,. Dr. Manisha Jagtap and Dr. Mayur Sarode of the medicolegal committee provided scholarly inputs. The chief guest at the inauguration ceremony was Dr. Ravi Wankhedkar, Past NP, IMA, The programme was presided over by Dr. Alka Kuthe, Chairperson, Medicolegal committee, IMA MS and the Guests of Honour were Dr. Nikhil Datar (Gynaecologist, Lawyer), Dr. Ramdas Marad (Civil surgeon, Palghar) and Dr. Santosh Choudhary (DHO). The organizing Chairpersons were Dr. Rajendra Chawhan and Dr. Rajendra Tiwari.



**उत्सव**  
Igniting Joy, Sparking Unity

**IMA NATCON - 2024**  
27<sup>th</sup> & 28<sup>th</sup> December 2024  
HITEX Exhibition Centre, Hyderabad, Telangana





All India Medical Conference  
**उत्सव**  
**IMA NATCON - 2024**  
27<sup>th</sup> & 28<sup>th</sup> December 2024  
HITEX Exhibition Centre, Hyderabad, Telangana, India

**85<sup>th</sup> Central Council Meeting**  
on 27<sup>th</sup> December 2024  
at HITEX Exhibition Centre, Hitech City, Madhapur, Hyderabad

**All India Medical Conference**  
on 27<sup>th</sup> & 28<sup>th</sup> December 2024  
at HITEX Exhibition Centre, Hitech City, Madhapur, Hyderabad

**NATCON 2024**  
Conference Secretariat : IMA Hyderabad City Office, Ground Floor, IMA Building, Sultan Bazar, Koti, Hyderabad-500027  
Tel : 7981824489, 7989112740  
Email : imanatconhyd2024@gmail.com

**Bank Details:**  
In favour of "Indian Medical Association Hyderabad City NATCON 2024"  
Bank : Punjab National Bank Branch : Koti, Sultan Bazar, Hyderabad  
A/C NO. : 1969000100093082 IFCS : PUNB0196900

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Dr. Srirang Abkari	98485 40595



## IMA - MS MAHASPORTS 2024

25 | 26 | 27 OCTOBER 2024

📍 SRTM UNIVERSITY  
CAMPUS, NANDED



*Fuel Your Passion, Ignite Your Game*



IMA Maharashtra State MAHASPORTS sports fest and sports extravaganza. was hosted by IMA Nanded branch and held on 25<sup>th</sup>, 26<sup>th</sup>, 27<sup>th</sup> October at Swami Ramanand Teerth Marathwada University campus, Nanded. The events included carrom, table tennis, chess, , Lawn tennis, cricket, badminton, running , cyclothon, swimming, and women sports. There was a Glam party 'The DJ Night' at Swagat Lawns on 26th October.

The event was graced by IMA MS President Dr. Dinesh Thakare, Dr. Vasant Lunge, Dr. Sanjay Kadam, Dr. Anil Patil, Dr. Shivajirao Kakade, Dr. Santosh Kulkarni, Dr. Ramkrishna Londhe, Dr. Vilas Bhole, Dr. Rajesh Ingole and other IMA MS and IMA Nanded functionaries as well as officials from Maharashtra State Police, Nanded Municipal Corporation and District Collector's office.

Congratulations to the Dr. Prahlad Kotkar, President, Dr. Rahul Lavekar, Secretary, Dr. Rajesh Tagadpalle, Treasurer, Dr. Virendra Awadhiya, Sports Secretary, all event coodinators land the entire MA Nanded team for organizing a successful sports meet.



# GLIMPSES OF MAHASPORTS 2024, NANDED





# BRANCH ACTIVITIES

## IMA JALGAON



Platinum Jubilee celebrations  
IMA KOREGAON (SATARA)



Oral cancer detection camp  
IMA MEHKAR



Felicitation of Union MOS Health Shri Prataprao Jadhav (20/8/2024)  
IMA NASHIK ROAD



Eye donation awareness camp at Nutan Vidya Mandir, Deolali camp, Bhagur (3/9/2024)  
IMA MUMBAI WEST



Teachers ' day celebrations



## IMA BHANDARA



Unveiling of Redcross Sandesh issue, discussion of Eye pledge - mass participation in Maharashtra and presentation of memorandum to Hon. Governon of Maharashtra Shri Radhakrishnan

### IMA CHANDRAPUR



Swachata Karmachari's Felicitation

### IMA INDAPUR



Senior citizen's health camp

### IMA NASHIK ROAD



Blood donation & awareness camp

## NATIONAL PRESIDENT DR. R.V.ASOKAN'S VISIT TO IMMA MUMBAI WEST, 29/9/2024





**INDIAN MEDICAL ASSOCIATION**  
CHHATRAPATI SAMBHAJINAGAR

**SPORTSCON**

**IMA National Sports Conference-2024**  
Chhatrapati Sambhajinagar, Maharashtra, India.

CPD	14th & 15th November 2024
Workshop	16th November 2024.
Venue	Dyotan Hall, MGM Medical College Campus, CSN, MH.

**Registration Guidelines**

- Doctors registered for IMA National Sports need not register separately for SPORTSCON 2024. They will get Complimentary registration for Conference + workshop (all 3 days).
- If registered for the SPORTSCON-2024 only - select any one of following two categories  
**Category A (Online mode only)** - This registration is for CPD only i. e. on 14 th and 15 th November. Physical participation by delegates is not allowed for any event (Sports, CPD, Workshop, any other)  
**Category B (Offline mode)** - This registration is for all 3 days which includes workshop on 16th November in addition to CPD on 14th & 15th November 2024.

**SPORTSCON 2024 Registration Link-**

<https://youtuocanrun.com/races/ima-national-sports-conference/>





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THE BULLETIN OF INDIAN MEDICAL ASSOCIATION,  
MAHARASHTRA STATE BRANCH**

IMA Maharashtra State has membership of more than 50,000 members qualified in Modern Medicine. **MAHIMA, the mouthpiece of IMA Maharashtra State branch MAHIMA has a circulation among leading General Practitioners, Consultants, Super Specialists in hospitals all over Maharashtra & India.**

Articles on current issues and trends in medicine makes interesting reading. MAHIMA has won the “Best Bulletin Award” from IMA Headquarters many times for its educative, informative content and good presentation.

3 issues of MAHIMA are published during the year in the months of January/ February, August and November.

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**Dr. Dinesh Thakare  
President**

**Dr. Saurabh Sanjanwala  
Hon. StateSecretary**

**IMA MAHARASHTRA STATE**



**NATIONAL DOCTORS  
OLYMPICS 2024**  
Chh. Sambhajinagar

**IMA NATIONAL SPORTS**



- |           |                                 |
|-----------|---------------------------------|
| Athletics | Soft Ball Turf Cricket (Female) |
| Badminton | Swimming                        |
| Carrom    | Tennis Ball Cricket (Male)      |
| Chess     | Table Tennis                    |
| Cycling   | Tennis                          |
| Marathon  | Walkathon                       |
|           | Basketball                      |



**IMA NATIONAL SPORTS -2024**  
14th to 17th November 2024

At  
**CHHATRAPATI SAMBHAJINAGAR ,  
MAHARASHTRA**

**TO REGISTER FOR THE EVENT**

1. Visit Website [www.imacsn.org](http://www.imacsn.org) OR
2. Open Registration link <https://imacsn.org/sports.html> OR
3. Press \* REGISTER NOW \* button provided in E-mail & WhatsApp message.
4. USE QR CODE



Play with Heart. ♥♥  
Win with Soul. ♥♥♥

*Dr. Ujwala Dahiphale*  
President

*Dr. Vikas Deshmukh*  
Hon. Secretary



## MASTACON Highlights

### 3rd November 2024

Zoom Platform

- 09:00 am AGM IMA MS Social Security Scheme
- 10:00 am AGM IMA MS Professional Protection Scheme
- 10:30 am AGM IMA MS College Of Gen. Practitioners Faculty
- 11:00 am AGM IMA MS Academy Of Medical Speciality Chapter
- 11:30 am AGM IMA MS Hospital Board Of India Chapter

### 9th November 2024

Saturday

08:00 am - 05:00pm

Conference (Scientific Session) (Main Auditorium, Dr. Kashinath Auditorium)

10:00 am

3rd IMA MS State Executive Meeting (Mini Auditorium, Dr. Kashinath Ghanekar Auditorium)

01:00 pm to 02:00pm

LUNCH

02:00 pm - 05:00pm

64th Annual Meeting of the State Council of IMA Maharashtra State

05:00 pm - 06:00pm

Award Ceremony

08:00 pm - 10:00pm

Cultural Night

10:00 pm onwards

Grand Gala Dinner

### 10th November 2024

Sunday

08:00 am 02:00pm

Conference (Scientific Session) (Main Auditorium, Dr. Kashinath Ghanekar)

### 8th November 2024

Friday

03:30 pm - 07:00pm

Pre Conference Workshop

07:00 pm - 10:00pm

- 2nd IMA MS Child Achiever Awards
- President Appreciation Awards
- Banquet



Supreme Banquet, Dr. Kashinath Ghanekar Auditorium



### 9th November 2024

06:00 pm - 08:00pm

Installation of  
**Dr. Santosh Kadam**  
as President & new Office Bearers  
of IMA-MS





64TH ANNUAL CONFERENCE OF  
INDIAN MEDICAL ASSOCIATION  
MAHARASHTRA STATE



**IMACON 2024**

Hosted by

INDIAN MEDICAL ASSOCIATION  
THANE BRANCH

MMC Points Applied  
**4+1**



**8,9,&10th  
November, 2024**



**Dr.Kashinath Ghanekar  
Auditorium Hall, Thane  
West**

[www.mस्ताcon2024.com](http://www.mस्ताcon2024.com)